M/S Health Education &

Life Skills curriculum

M/S Health Education & Life Skills curriculum prepares grade 7-8 students to begin their journey toward becoming independent, productive citizens. Life Skills or ‘Skills for Life’ curriculum is designed to help students utilize problem-solving, decision-making, higher order thinking, communication and numerical skills while learning various course contents.

Health Education & Life Skills Middle School Curriculum includes but not limited to the following units of study:

- Careers Awareness
- Financial Literacy
- Nutrition & Foods
- Health and Wellness
- Human Development
- Character Education & Relationships