



M/S Health Education & Life Skills curriculum

M/S Health Education & Life Skills curriculum prepares grade 7-8 students to begin their journey toward becoming independent, productive citizens. Life Skills or “Skills for Life” curriculum is designed to help students utilize problem-solving, decision-making, higher order thinking, communication and numerical skills while learning various course contents.

Health Education & Life Skills Middle School Curriculum includes but not limited to the following units of study:

- * Careers Awareness
- * Financial Literacy
- * Nutrition & Foods
- * Health and Wellness.
- * Human Development
- * Character Education & Relationships